



AFTER SCHOOL CARE at the ST. PAUL JCC: January-June 2012

Child's Name _____ Current Grade _____

School Name _____ Number of days attending _____

_____ CLUB PLUS EXTENDED CARE (weekly rates)
 2:30-6:00- includes: met at bus stop, snack,
 Homework help, clubs, indoor/outdoor play

_____ 5 DAYS	\$75
_____ 4 DAYS	\$60
_____ 3 DAYS	\$50
_____ 2 DAYS	\$31
_____ 1 DAY	\$16

Typical Schedule:

2:30-3:30	Arrival and Snack
3:30-4:15	Indoor/Outdoor play
	Homework Help
4:15-5:00	Classes and Clubs
5:00-6:00	Indoor/Outdoor play
	Homework Help

VAN FEE \$6 X NUMBER OF DAYS = _____

PLEASE CIRCLE THE CLASSES YOU WISH TO ATTEND

SESSION 1: January 9 - March 23 (11 weeks)

DAY	All Grades	All Grades
MONDAY	Knitting 101	Swim Sports
TUESDAY	Weather and Snow Science	Indoor/Outdoor Gym Games
WEDNESDAY	Cooking Around the World	Youth Pilates
THURSDAY	Israel Adventure	Basketball
FRIDAY	Games Galore	Swim Stars

SESSION 2: March 26 - June 8 (11 weeks)

DAY	All Grades	All Grades
MONDAY	Scrapbooking 101	Swim Sports
TUESDAY	Silly Science	Indoor/Outdoor Gym Games
WEDNESDAY	Fun with Fruits and Veggies	Wallyball
THURSDAY	Israel Adventure	Cardio Tennis
FRIDAY	Games Galore	Swim Stars

ADDITIONAL FEES:

_____ Taekwondo \$9 per week for one day (Monday or Wednesday)
 \$14 per week for two days (Monday and Wednesday)
 _____ Dance and Movement \$8 per week, Tuesday at 4:15

Please circle the class of choice for each day, and return by **December 30, 2011**. Completed Registration and Financial Agreement form should be returned to Brittany Buchanan, at the Childcare Desk, or via email at bbuchanan@stpauljcc.org.

DESCRIPTIONS OF CLASSES

MONDAY

Creative Kids: Start your week off right by caring for your creative side. Creative Kids provides a fun, safe environment to explore new crafts and develop new skills. Each session will offer a weekly craft project as well as focusing on a long-term skill/project.

Session 1: Knitting 101 - Join in on the fun as we learn the life long skill of knitting. Receive a crash course in the basics of knitting and by the end of the session complete your own project. All materials are included so all we need is YOU!

Session 2: Scrapbooking 101 - Come document some of your favorite moments in a scrapbook that is all about YOU! Each week we will complete a page in your scrapbook by focusing on layout, journaling and adding fun personal touches. You bring the pictures and we'll provide the rest!

Swim Sports (session 1 and 2): Dive into the JCC pool and explore the world of water sports. From classic pool games to water polo, we will have fun trying it all! Suit up and dive in for a super swim time!

TUESDAY

Super Science: This isn't your normal school science class... Super Science provides a fun interactive way to experience science concepts. Each week a different theme will be presented, experiments will be performed and playing with science will be a blast!

Session 1: Weather and Snow Science - Explore the wonders of the weather world and take advantage of the surplus of snow around us with these fun experiments!

Session 2: Silly Science - Learn to laugh at science concepts as we explore the silly side of science using some unique supplies and unusual methods!

Indoor/Outdoor Gym Games (session 1 and 2): Expose your child to a variety of different games. Join us for indoor games such as basketball and Ga Ga, and outdoor games such as powder puff football or a snowball pitching contest. Each week participants will enjoy a different and exciting game that will keep them moving and having fun!

WEDNESDAY

Kid Cuisine: Calling all young chefs to the Club J kitchen! Develop and use a variety of cooking techniques and skills as we create delicious and nutritious meals in a fun safe environment. Weekly we will be working on kitchen math, kitchen safety and community cooking!

Session 1: Cooking Around the World - Join this culinary class as we travel around the world using our taste buds as our passport! Taste the fun flavors of different countries as we create a dish from each culture.

Session 2: Fun with Fruits and Veggies - Fall in love with fruits and veggies in this fun cooking class. Enjoy tasting new things, learning about gardening and cooking colorful creations that will impress the family!

Youth Pilates (session 1): In Pilates, students learn physical skills while incorporating awareness of their body. Students strengthen the connections between building strength and flexibility while creating a strong connection to their body - with the intention of fostering greater mental fitness, emotional intelligence, physical well being and social competence.

Wallyball (session 2): Wallyball is a fast paced sport similar to volleyball, played in a four-walled court with a ball the same size but harder than a volleyball that is allowed to bounce once off the ceiling or walls before being returned over the net.

THURSDAY

Israel Adventure (session 1 and 2): Join us for an adventure of a lifetime! Experience Israeli culture first hand with Roni, our own community Shalicha. Each week will provide insight into Israeli day-to-day life through art, games, food and Hebrew words. Come celebrate the rich culture and ancient traditions of the state of Israel and of the Jewish people, in a fun kid friendly environment!

Basketball Skills Practice (session 1): Each week young players are introduced to new individual and team drills encompassing the five target areas. The drills and activities are progressively taught and reviewed in the following weeks. Our primary goal is to provide young people with a positive athletic experience, allowing them to enjoy success through improvement.

Cardio Tennis (session 2): Cardio Tennis is a new, fun, group activity featuring drills to give players of all abilities an ultimate, high energy workout. Cardio Tennis includes a warm up, cardio workout, and cool-down phases. If you want to find a great new way to burn energy, you must try Cardio Tennis!

FRIDAY

Games Galore: Never have time for a full board game with friends? Relax and enjoy games new and old! From Pictionary to Blink, and many more in between, staff will teach and play by your side.

Swim Stars: Come enjoy the fabulous JCC pool! Work on your strokes or just splash around with friends in this all-time favorite Friday activity!

EXTRA COST CLASSES:

TAEKWONDO, Monday and/or Wednesday

Staff from the Family Martial Arts Academy - Boltz's Taekwondo of Mendota Heights, work with participants to learn the basic disciplines of Taekwondo in a fun and safe environment.

Dance and Movement, Tuesday

Learn dance moves and improve your rhythm, coordination and creativity in this active dance class. We are excited to have Amy Lee at the JCC to teach dance and build confidence in our kids. No previous dance experience needed.