



Summer 2018

GYM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 – 7:00 AM BOOT CAMP	5:30– 9:00 AM OPEN GYM	6:00 – 7:00 AM BOOT CAMP	5:30– 9:00 AM OPEN GYM	6:00 – 7:00 AM BOOT CAMP	7:00 AM – 12:00 PM OPEN GYM	7:00 – 8:00 AM OPEN GYM
7:00 – 9:00 AM OPEN GYM	9:00 AM – 12:00 PM CHILD CARE	7:00 – 9:00 AM OPEN GYM	9:00 AM – 12:00 PM CHILD CARE	7:00 – 9:00 AM OPEN GYM	12:00 – 2:30 PM FAMILY GYM	8:00 – 10:30 AM ADULT DROP IN BASKETBALL
9:00 AM– 12:00 PM CHILD CARE	12:00 – 4:00 PM OPEN GYM	9:00 AM – 12:00 PM CHILD CARE	12:00 – 4:00 PM OPEN GYM	9:00 AM– 12:00 PM CHILD CARE	2:30 – 4:30 PM ADULT DROP IN BASKETBALL	10:30 AM – 12:30 PM ADULT DROP IN VOLLEYBALL
12:00 – 1:00 PM DROP IN PICKLEBALL	4:00 – 5:00 PM CHILD CARE	12:00 – 1:00 PM ADULT DROP IN BASKETBALL	4:00 – 5:00 PM CHILD CARE	12:00 – 1:00 PM DROP IN PICKLEBALL	4:30 – 5:50 PM OPEN GYM	12:30 – 1:30 PM DROP IN PICKLEBALL
1:00 – 4:00 PM OPEN GYM	5:00 – 5:30 PM OPEN GYM	1:00 – 4:00 PM OPEN GYM	5:00 – 5:30 PM OPEN GYM	1:00 – 3:30 PM OPEN GYM		1:30 – 5:50 PM OPEN GYM
4:00 – 5:00 PM CHILDCARE	5:30 – 6:30 PM BOOT CAMP	4:00 – 5:00 PM CHILD CARE	5:30 – 6:30 PM BOOT CAMP	3:30 – 5:00 PM CHILDCARE		
5:00 – 9:50 PM OPEN GYM	6:30 – 8:15 PM OPEN GYM	5:00 – 7:00 PM ADULT DROP IN BASKETBALL	6:30 – 9:50 PM OPEN GYM	5:00 – 5:50 PM OPEN GYM		
	8:15 – 9:45 PM ADULT DROP IN VOLLEYBALL	7:00 – 9:50 PM OPEN GYM				
				Gym schedule is subject to change on a daily basis due to programming and gym rental. Please call for any changes prior to coming. Tae Kwon Do has moved to Studio 2 on Tuesdays & Thursdays.		



Contact Tara Freiberg 651 + 255 4761 or taraf@stpauljcc.org for more information.