



GYM

Fall Schedule 2018: September 1st – October 31st

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 – 7:00 AM BOOT CAMP	5:30– 9:00 AM OPEN GYM	6:00 – 7:00 AM BOOT CAMP	5:30– 9:00 AM OPEN GYM	6:00 – 7:00 AM BOOT CAMP	7:00 AM – 10:00 AM OPEN GYM	7:00 – 8:00 AM OPEN GYM
7:00 – 9:00 AM OPEN GYM	9:00 AM – 12:00 PM ECC GYM CLASSES	7:00 – 9:00 AM OPEN GYM	9:00 AM – 12:00 PM ECC GYM CLASSES	7:00 – 9:00 AM OPEN GYM	10:00-12:00 PM FAMILY GYM	8:00 – 10:30 AM ADULT DROP IN BASKETBALL
9:00 AM– 12:00 PM ECC GYM CLASSES	12:00 – 1:00 PM OPEN GYM	9:00 AM – 12:00 PM ECC GYM CLASSES	12:00 – 1:00 PM OPEN GYM	9:00 AM– 12:00 PM ECC GYM CLASSES	12:00-2:00 PM TEEN DROP IN BASKETBALL	10:30 AM – 11:30 PM DROP IN PICKLEBALL
12:00 – 4:00 PM OPEN GYM	1:00-3:00PM HOMESCHOOL PROGRAM	12:00 – 1:00 PM DROP IN PICKLEBALL	1:00-3:00 PM HOMESCHOOL PROGRAM	12:00 – 2:30 PM OPEN GYM	2:00 – 4:00 PM ADULT DROP IN BASKETBALL	11:30 – 1:30 PM FAMILY GYM
4:00 – 5:00 PM ECC AND CLUB J	3:00-4:00 PM OPEN GYM	1:00 – 4:00 PM OPEN GYM	3:00-4:00 PM OPEN GYM	2:30-3:30 PM DROP IN PICKLEBALL	4:00 – 5:50 PM OPEN GYM	1:30 – 5:50 PM OPEN GYM
5:00 – 6:00 PM DROP IN PICKLEBALL	4:00-5:30 PM ECC AND CLUB J	4:00 – 5:00 PM ECC AND CLUB J	4:00-5:30 PM ECC AND CLUB J	3:30 – 5:00 PM ECC AND CLUB J		
6:00 – 9:50 PM OPEN GYM	5:30-6:30 PM BOOT CAMP	5:00 – 7:00 PM ADULT DROP IN BASKETBALL	5:30-6:30 PM BOOT CAMP	5:00 – 5:50 PM OPEN GYM		
	6:30-8:30 PM OPEN GYM	7:00 – 9:50 PM OPEN GYM	6:30-8:30 PM TEEN DROP IN BASKETBALL			
	8:30-9:50 PM WOMEN'S PICK UP BASKETBALL LEAGUE (OCTOBER 2 – NOVEMBER 20)		8:30-9:50 PM OPEN GYM	<p>Gym schedule is subject to change on a daily basis due to programming and gym rental. Please call for any changes prior to coming.</p> <p>Tae Kwon Do has moved to Studio 2 on Tuesdays & Thursdays.</p>		

Contact Tara Freiberg 651 + 255 4761 or taraf@stpauljcc.org for more information.

