



# GYM

## Winter Schedule 2018: November 1 – December 31

| MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY  | SATURDAY  | SUNDAY  |
|--|--|---|--|---|---|---|
| 6:00 – 7:00 AM<br><b>BOOT CAMP</b>                       | 5:30– 9:00 AM<br><b>OPEN GYM</b>                                 | 6:00 – 7:00 AM<br><b>BOOT CAMP</b>                    | 5:30– 9:00 AM<br><b>OPEN GYM</b>                   | 6:00 – 7:00 AM<br><b>BOOT CAMP</b>  | 7:00 AM – 8:00 AM<br><b>OPEN GYM</b>                    | 7:00 – 8:00 AM<br><b>OPEN GYM</b>                             |
| 7:00 – 9:00 AM<br><b>OPEN GYM</b>                        | 9:00 AM – 12:00 PM<br><b>ECC GYM CLASSES</b>                     | 7:00 – 9:00 AM<br><b>OPEN GYM</b>                     | 9:00 AM – 12:00 PM<br><b>ECC GYM CLASSES</b>       | 7:00 – 9:00 AM<br><b>OPEN GYM</b>   | <b>8:00 – 10:30 AM<br/>ADULT DROP IN<br/>BASKETBALL</b> | 8:00 – 10:30 AM<br><b>ADULT DROP IN<br/>BASKETBALL</b>        |
| 9:00 AM– 12:00 PM<br><b>ECC GYM CLASSES</b>              | 12:00 – 1:00 PM<br><b>OPEN GYM</b>                               | 9:00 AM – 12:00 PM<br><b>ECC GYM CLASSES</b>          | 12:00 – 1:00 PM<br><b>OPEN GYM</b>                 | 9:00 AM– 12:00 PM<br><b>ECC GYM CLASSES</b>   | 10:30-12:00 PM<br><b>FAMILY GYM</b>                     | 10:30 AM – 11:30 PM<br><b>DROP IN<br/>PICKLEBALL</b>          |
| 12:00 – 4:00 PM<br><b>OPEN GYM</b>                       | 1:00-3:00PM<br><b>HOMESCHOOL<br/>PROGRAM</b>                     | 12:00 – 1:00 PM<br><b>DROP IN PICKLEBALL</b>          | 1:00-3:00 PM<br><b>HOMESCHOOL<br/>PROGRAM</b>      | 12:00 – 2:30 PM<br><b>OPEN GYM</b>  | 12:00-2:00 PM<br><b>TEEN DROP IN<br/>BASKETBALL</b>     | 11:30 – 12:30 PM<br><b>FAMILY GYM</b>                         |
| 4:00 – 5:00 PM<br><b>ECC AND CLUB J</b>                  | 3:00-4:00 PM<br><b>OPEN GYM</b>                                  | 1:00 – 4:00 PM<br><b>OPEN GYM</b>                     | 3:00-4:00 PM<br><b>OPEN GYM</b>                    | 2:30-3:30 PM<br><b>DROP IN PICKLEBALL</b>   | 2:00 – 5:50 PM<br><b>OPEN GYM</b>                       | 12:45-1:30<br><b>LITTLE HOOPERS<br/>BASKETBALL<br/>LEAGUE</b> |
| 5:00 – 9:00 PM<br><b>INDOOR STREET<br/>SOCCER LEAGUE</b> | 4:00-5:30 PM<br><b>ECC AND CLUB J</b>                            | 4:00 – 5:00 PM<br><b>ECC AND CLUB J</b>               | 4:00-5:30 PM<br><b>ECC AND CLUB J</b>              | 3:30 – 5:00 PM<br><b>ECC AND CLUB J</b>   |   | 1:45-5:00<br><b>JUNIOR HOOPS<br/>BASKETBALL<br/>LEAGUE</b>    |
| 9:00 – 9:50 PM<br><b>OPEN GYM</b>                        | 5:30-6:30 PM<br><b>BOOT CAMP</b>                                 | 5:00 – 7:00 PM<br><b>ADULT DROP IN<br/>BASKETBALL</b> | 5:30-6:30 PM<br><b>BOOT CAMP</b>                   | 5:00 – 5:50 PM<br><b>OPEN GYM</b>   |   |   |
|  | 6:30-8:30 PM<br><b>OPEN GYM</b>                                  | 7:00 – 9:50 PM<br><b>OPEN GYM</b>                     | 6:30-8:30 PM<br><b>TEEN DROP IN<br/>BASKETBALL</b> |   |   |   |
|  | 8:30-9:50 PM<br><b>WOMEN'S PICK UP<br/>BASKETBALL<br/>LEAGUE</b> |   | 8:30-9:50 PM<br><b>OPEN GYM</b>                    | <p>Gym schedule is subject to change on a daily basis due to programming and gym rental. Please call for any changes prior to coming.</p> <p>Tae Kwon Do has moved to Studio 2 on Tuesdays &amp; Thursdays.</p> |   |   |

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