



# GYM

## Winter Schedule 2019: January 1st – March 31st

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 – 7:00 AM <b>BOOT CAMP</b>	5:30– 9:00 AM <b>OPEN GYM</b>	6:00 – 7:00 AM <b>BOOT CAMP</b>	5:30– 9:00 AM <b>OPEN GYM</b>	6:00 – 7:00 AM <b>BOOT CAMP</b>	7:00 AM – 8:00 AM <b>OPEN GYM</b>	7:00 – 8:00 AM <b>OPEN GYM</b>
7:00 – 9:00 AM <b>OPEN GYM</b>	9:00 AM – 12:00 PM <b>ECC GYM CLASSES</b> (11:00-11:30 ECC ENRICHMENT)	7:00 – 9:00 AM <b>OPEN GYM</b>	9:00 AM – 12:00 PM <b>ECC GYM CLASSES</b> (9:30-10:00 ECC ENRICHMENT)	7:00 – 9:00 AM <b>OPEN GYM</b>	8:00-9:00 AM <b>BOOT CAMP</b>	8:00 – 10:30 AM <b>ADULT DROP IN BASKETBALL</b>
9:00 AM– 12:00 PM <b>ECC GYM CLASSES</b>	12:00 – 2:00 PM <b>OPEN GYM</b>	9:00 AM – 12:00 PM <b>ECC GYM CLASSES</b>	12:00 – 3:00 PM <b>OPEN GYM</b>	9:00 AM– 12:00 PM <b>ECC GYM CLASSES</b>	<b>9:00 – 10:30 AM ADULT DROP IN BASKETBALL</b>	10:30 AM – 11:30 PM <b>DROP IN PICKLEBALL</b>
12:00 – 4:00 PM <b>OPEN GYM</b>	2:00-3:00PM <b>DROP IN PICKELBALL</b>	12:00 – 1:00 PM <b>DROP IN PICKLEBALL</b>	3:00-3:30 <b>ECC ENRICHMENT</b>	12:00 – 2:30 PM <b>OPEN GYM</b>	10:30-12:00 PM <b>FAMILY GYM</b>	12:00-12:45 PM <b>LITTLE SHOOTERS BASKETBALL LEAGUE</b>
4:00 – 5:00 PM <b>ECC AND CLUB J</b>	3:00-4:00 PM <b>OPEN GYM</b>	1:00 –2:30PM <b>OPEN GYM</b>	3:30-5:00 PM <b>ECC and CLUB J</b>	2:30-3:30 PM <b>DROP IN PICKLEBALL</b>	12:00-2:00 PM <b>TEEN DROP IN BASKETBALL</b>	12:45-5:45 PM <b>YOUTH BASKETBALL LEAGUES</b>
5:00 – 5:30 PM <b>OPEN GYM</b>	4:00-5:00 PM <b>ECC AND CLUB J</b>	2:30-3:00 <b>ECC ENRICHMENT</b>	5:00-7:00 PM <b>MEN'S DROP IN BASKETBALL</b>	3:30 – 5:00 PM <b>ECC AND CLUB J</b>	2:00 – 5:50 PM <b>OPEN GYM</b>	
6:00-10:00 PM <b>MEN'S 35+ BASKETBALL LEAGUE</b>	5:00-9:00 PM <b>INDOOR STREET SOCCER LEAGUE</b>	3:00-5:30PM <b>OPEN GYM</b>	7:00-8:00 PM <b>BALLERS LEAGUE OPEN PRACTICE</b>	5:00 – 5:50 PM <b>OPEN GYM</b>		
	9:00-9:50 PM <b>OPEN GYM</b>	6:00-10:00 PM <b>MEN'S 18+ BASKETBALL LEAGUE</b>	8:00-9:50 PM <b>WOMEN'S DROP IN BASKETBALL</b>			
				<p>Gym schedule is subject to change on a daily basis due to programming and gym rental. Please call for any changes prior to coming.</p> <p>Tae Kwon Do has moved to Studio 2 on Tuesdays &amp; Thursdays.</p>		

Contact Tara Freiberg 651 + 255 4761 or [taraf@stpauljcc.org](mailto:taraf@stpauljcc.org) for more information.

