



GYM

Spring Schedule 2019: April 1 – May 30

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 – 7:00 AM BOOT CAMP	5:30 – 9:00 AM OPEN GYM	6:00 – 7:00 AM BOOT CAMP	5:30 – 9:00 AM OPEN GYM	6:00 – 7:00 AM BOOT CAMP	7:00 AM – 8:00 AM OPEN GYM	7:00 – 8:00 AM OPEN GYM
7:00 – 9:00 AM OPEN GYM	9:00 AM – 12:00 PM ECC GYM CLASSES	7:00 – 9:00 AM OPEN GYM	9:00 AM – 12:00 PM ECC GYM CLASSES	7:00 – 9:00 AM OPEN GYM	8:00 – 9:00 AM BOOT CAMP	8:00 – 10:30 AM ADULT DROP IN BASKETBALL
9:00 AM – 12:00 PM ECC GYM CLASSES	12:00 – 2:00 PM OPEN GYM	9:00 AM – 12:00 PM ECC GYM CLASSES	12:00 – 3:00 PM OPEN GYM	9:00 AM – 12:00 PM ECC GYM CLASSES	9:00 – 10:30 AM ADULT DROP IN BASKETBALL	10:30 AM – 11:30 PM DROP IN PICKLEBALL
12:00 – 4:00 PM OPEN GYM	2:00 – 3:00PM DROP IN PICKELBALL	12:00 – 1:00 PM DROP IN PICKLEBALL	3:00 – 3:30 ECC ENRICHMENT	12:00 – 2:30 PM OPEN GYM	10:30 AM – 12:00 PM FAMILY GYM	12:00 – 5:45 PM OPEN GYM
4:00 – 5:00 PM ECC AND CLUB J	3:00 – 4:00 PM OPEN GYM	1:00 – 2:30PM OPEN GYM	3:30 – 5:00 PM ECC and CLUB J	2:30 – 3:30 PM DROP IN PICKLEBALL	12:00 – 2:00 PM TEEN DROP IN BASKETBALL	
5:00 – 5:30 PM OPEN GYM	4:00 – 5:00 PM ECC AND CLUB J	2:30 – 3:00 ECC ENRICHMENT	5:00 – 7:00 PM MEN'S DROP IN BASKETBALL	3:30 – 5:00 PM ECC AND CLUB J	2:00 – 5:50 PM OPEN GYM	
6:00 – 10:00 PM MEN'S 35+ BASKETBALL LEAGUE	5:00 – 9:00 PM INDOOR STREET SOCCER LEAGUE	3:00 – 5:00 PM ECC AND CLUB J	7:00 – 8:00 PM OPEN GYM	5:00 – 5:50 PM OPEN GYM		
	9:00 – 9:50 PM OPEN GYM	5:00 – 6:00 PM OPEN GYM	8:00 – 9:50 PM WOMEN'S DROP IN BASKETBALL			
		6:00 – 10:00 PM MEN'S 18+ BASKETBALL LEAGUE		<p>Gym schedule is subject to change on a daily basis due to programming and gym rental. Please call for any changes prior to coming.</p> <p>Tae Kwon Do has moved to Studio 2 on Tuesdays & Thursdays.</p>		

Contact Tara Freiberg 651 + 255 4761 or taraf@stpauljcc.org for more information.

