

Aquatics

REC POOL

Minnesota JCC
Capp Center St. Paul



January

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	5:45 – 10 AM OPEN SWIM	5:45 – 10 AM OPEN SWIM	5:45 – 10 AM OPEN SWIM	5:45 – 10 AM OPEN SWIM	5:45 AM – 3:30 PM OPEN SWIM	7:15 AM – NOON OPEN SWIM	7:15 – 10 AM OPEN SWIM
	10 – 11 AM ECC SWIM	10 – 11 AM ECC SWIM	10 – 11 AM ECC SWIM	10 – 11 AM ECC SWIM	3:30 – 4:30 PM CLUB J SWIM	NOON – 3 PM FAMILY SWIM	9 – 9:45 AM AQUA DANCE
	11 AM – 1 PM OPEN SWIM	11 AM – 4:30 PM OPEN SWIM	11 AM – 4:30 PM OPEN SWIM	11 AM – 4:30 PM OPEN SWIM	4:30 – 5:30 PM OPEN SWIM	3 – 5:30 PM OPEN SWIM	10 AM – 2 PM FAMILY SWIM
	1 – 2 PM AQUA MOTION	4:30 – 7:30 PM SWIM LESSONS	4:30 – 7:30 PM SWIM LESSONS	4:30 – 7:30 PM SWIM LESSONS			2 – 5:30 PM SWIM LESSONS
	2 – 3:30 PM OPEN SWIM	7:30 – 9:30 PM OPEN SWIM	7:30 – 9:30 PM OPEN SWIM	7:30 – 9:30 PM OPEN SWIM			
	3:30 – 4:30 PM CLUB J SWIM						
	4:30 – 5 PM OPEN SWIM						
	5 – 5:45 PM AQUA ZUMBA®				<p>Questions? Contact Jill Burchill at 651.255.4762 or jillb@minnesotajcc.org</p> <p>JCC POOL HOURS Monday – Thursday • 5:30 AM – 9:30 PM Friday • 5:30 AM – 5:30 PM Saturday & Sunday • 7 AM – 5:30 PM</p>		
	5:45 – 9:30 PM FAMILY & OPEN SWIM						

December

Aquatics

LAP POOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:45 AM – 6:25 PM LANE SWIM (4) <i>Reservation Required</i>	5:45 – 6:25 AM LANE SWIM (4) <i>Reservation Required</i>	5:45 – 4:30 PM LANE SWIM (4) <i>Reservation Required</i>	5:45 – 6:25 AM LANE SWIM (4) <i>Reservation Required</i>	5:45 – 11:50 AM LANE SWIM (4) <i>Reservation Required</i>	7:15 – 8:15 AM MASTERS SWIM <i>Reservation Required</i>	7:15 – 8:15 AM MASTERS SWIM <i>Reservation Required</i>
6:30 – 7:30 PM MASTERS SWIM <i>Reservation Required</i>	6:30 – 7:30 AM MASTERS SWIM <i>Reservation Required</i>	4:30 – 7:30 PM SWIM LESSONS & LANE SWIM (2) <i>Reservation Required</i>	6:30 – 7:30 AM MASTERS SWIM <i>Reservation Required</i>	NOON – 1 PM AQUA MOTION	8:30 AM – 5:10 PM LANE SWIM (4) <i>Reservation Required</i>	8:30 AM – 2:30 PM LANE SWIM (4) <i>Reservation Required</i>
7:30 AM – 9:30 PM LANE SWIM (4) <i>Reservation Required</i>	7:30 AM – 4:30 PM LANE SWIM (4) <i>Reservation Required</i>	6:30 – 7:30 PM MASTERS SWIM <i>Reservation Required</i>	7:30 AM – 4:30 PM LANE SWIM (4) <i>Reservation Required</i>	1 PM – 5:10 PM LANE SWIM (4) <i>Reservation Required</i>		2:30 – 4:30 PM SWIM LESSONS & LANE SWIM (3) <i>Reservation Required</i>
	4:30 – 7:30 PM SWIM LESSONS & LANE SWIM (2) <i>Reservation Required</i>	7:30 – 9:30 PM LANE SWIM (4) <i>Reservation Required</i>	4:30 – 7:30 PM SWIM LESSONS & LANE SWIM (2) <i>Reservation Required</i>			4:30 – 5:30 PM SWIM LESSONS
	7:30 – 9:30 PM LANE SWIM (4) <i>Reservation Required</i>		7:30 – 9:30 PM LANE SWIM (4) <i>Reservation Required</i>			

