

Spring

Aquatics

REC POOL

Minnesota JCC
Capp Center St. Paul



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:45 – 10 AM OPEN SWIM	5:45 – 10 AM OPEN SWIM	5:45 – 10 AM OPEN SWIM	5:45 – 10 AM OPEN SWIM	5:45 AM – 3:30 PM OPEN SWIM	7:15 AM – NOON OPEN SWIM	7:15 – 9 AM OPEN SWIM
10 – 11 AM ECC SWIM	10 – 11 AM ECC SWIM	10 – 11 AM ECC SWIM	10 – 11 AM ECC SWIM	3:30 – 4:30 PM CLUB J SWIM	NOON – 3 PM FAMILY SWIM	9 – 9:45 AM AQUA DANCE Kay Jay
11 AM – 1 PM OPEN SWIM	11 AM – 4:30 PM OPEN SWIM	11 AM – 4:30 PM OPEN SWIM	11 AM – 4:30 PM OPEN SWIM	4:30 – 5:30 PM OPEN SWIM	3 – 5:30 PM OPEN SWIM	10 AM – 2 PM FAMILY SWIM
1 – 2 PM AQUA MOTION Bob	4:30 – 7:30 PM SWIM LESSONS	4:30 – 7:30 PM SWIM LESSONS	4:30 – 7:30 PM SWIM LESSONS			2 – 5:30 PM SWIM LESSONS
2 – 3:30 PM OPEN SWIM	7:30 – 9:30 PM OPEN SWIM	7:30 – 9:30 PM OPEN SWIM	7:30 – 9:30 PM OPEN SWIM			
3:30 – 4:30 PM CLUB J SWIM						
4:30 – 5 PM OPEN SWIM						
5 – 5:45 PM AQUA ZUMBA® James				<p>Questions? Contact Jill Burchill at 651.255.4762 or jillb@minnesotajcc.org</p> <p>JCC POOL HOURS Monday – Thursday • 5:30 AM – 9:30 PM Friday • 5:30 AM – 5:30 PM Saturday & Sunday • 7 AM – 5:30 PM</p> <p>AQUATIC CENTER WILL BE CLOSED FOR LIFEGUARD TRAINING ON MAY 8, FROM NOON – 12:30 PM</p>		
5:45 – 9:30 PM FAMILY & OPEN SWIM						

Spring

Aquatics

LAP POOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:45 AM – 1 PM LANE SWIM <i>Reservation Required</i>	5:45 – 6:25 AM LANE SWIM <i>Reservation Required</i>	5:45 – 1 PM LANE SWIM <i>Reservation Required</i>	5:45 – 6:25 AM LANE SWIM <i>Reservation Required</i>	5:45 – 10 AM LANE SWIM <i>Reservation Required</i>	7:15 – 8:15 AM MASTERS SWIM <i>Reservation Required</i>	7:15 – 8:15 AM MASTERS SWIM <i>Reservation Required</i>
1 – 6:30 PM LANE SWIM <i>Up to 4 lanes available</i>	6:30 – 7:30 AM MASTERS SWIM <i>Reservation Required</i>	1 – 4:30 PM LANE SWIM <i>Up to 4 lanes available</i>	6:30 – 7:30 AM MASTERS SWIM <i>Reservation Required</i>	10 – 11 AM AQUA DANCE Kay Jay	8:30 AM – 5:30 PM LANE SWIM <i>Up to 4 lanes available</i>	8:30 AM – 2:30 PM LANE SWIM <i>Up to 4 lanes available</i>
6:30 – 7:30 PM MASTERS SWIM <i>Reservation Required</i>	7:30 AM – 1 PM LANE SWIM <i>Reservation Required</i>	4:30 – 7:30 PM SWIM LESSONS <i>Up to 3 lanes available</i>	7:30 AM – 1 PM LANE SWIM <i>Reservation Required</i>	11 AM – 1 PM LANE SWIM <i>Reservation Required</i>		2:30 – 5:30 PM SWIM LESSONS <i>Up to 3 lanes available</i>
7:30 – 9:30 PM LANE SWIM <i>Up to 4 lanes available</i>	1 – 4:30 PM LANE SWIM <i>Up to 4 lanes available</i>	6:30 – 7:30 PM MASTERS SWIM <i>Reservation Required</i>	1 – 4:30 PM LANE SWIM <i>Up to 4 lanes available</i>	1 – 5:30 PM LANE SWIM <i>Up to 4 lanes available</i>		
	4:30 – 7:30 PM SWIM LESSONS <i>Up to 3 lanes available</i>	7:30 – 9:30 PM LANE SWIM <i>Up to 4 lanes available</i>	4:30 – 7:30 PM SWIM LESSONS <i>Up to 3 lanes available</i>			
	7:30 – 9:30 PM LANE SWIM <i>Up to 4 lanes available</i>		7 – 8 PM WATER AEROBICS Christina <i>*Beginning 5/12</i>			
			8 – 9:30 PM LANE SWIM <i>Up to 4 lanes available</i>			

