

Aquatics

REC POOL

Minnesota JCC
Capp Center St. Paul



Summer

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:45 – 11 AM OPEN SWIM	5:45 – 11 AM OPEN SWIM	5:45 – 11 AM OPEN SWIM	5:45 – 11 AM OPEN SWIM	5:45 – 11 AM OPEN SWIM	7:15 – 9 AM OPEN SWIM	7:15 – 9 AM OPEN SWIM
10 – 11 AM SPLASH PAD RESERVED FOR ECC	10 – 11 AM SPLASH PAD RESERVED FOR ECC	10 – 11 AM SPLASH PAD RESERVED FOR ECC	10 – 11 AM SPLASH PAD RESERVED FOR ECC	11 AM – NOON CENTERLAND	9 – 11 AM SWIM LESSONS	9 – 9:45 AM AQUA DANCE Kay Jay
11 AM – NOON CENTERLAND	11 AM – 1 PM OPEN SWIM	11 AM – NOON CENTERLAND	11 AM – 1 PM OPEN SWIM	NOON – 1 PM OPEN SWIM	11 AM – NOON OPEN SWIM	10 AM – 2 PM FAMILY SWIM
NOON – 1 PM OPEN SWIM	1 – 2:30 PM CAMP	NOON – 1 PM OPEN SWIM	1 – 2:30 PM CAMP	1 – 2:30 PM CAMP	NOON – 3 PM FAMILY SWIM	2 – 5:30 PM SWIM LESSONS
1 – 2:30 PM CAMP	2:30 – 4:30 PM OPEN SWIM	1 – 2:30 PM CAMP	4:30 – 7 PM SWIM LESSONS	2:30 – 5:30 PM OPEN SWIM	3 – 5:30 PM OPEN SWIM	
2:30 – 5 PM OPEN SWIM	4:30 – 7:30 PM SWIM LESSONS	2:30 – 4:30 PM OPEN SWIM	7 – 9:30 PM OPEN SWIM			
5 – 5:45 PM AQUA ZUMBA® James	7:30 – 9:30 PM OPEN SWIM	4:30 – 7:30 PM SWIM LESSONS				
5:45 – 9:30 PM FAMILY & OPEN SWIM		7:30 – 9:30 PM OPEN SWIM		<p align="center">POOL HOURS Monday – Thursday • 5:30 AM – 9:30 PM Friday • 5:30 AM – 5:30 PM Saturday & Sunday • 7 AM – 5:30 PM</p> <p align="center">Questions? Contact Jill Burchill at 651.255.4762 or jillb@minnesotajcc.org</p> <p align="center">AQUATIC CENTER WILL BE CLOSED FOR LIFEGUARD TRAINING ON JULY 10, FROM NOON – 2:30PM.</p>		

Summer – Effective 6/20

Aquatics

LAP POOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:45 AM – 7 AM LANE SWIM <i>Reservation Required</i>	6 – 7 AM MASTERS SWIM <i>Reservation Required</i>	5:45 – 7 AM LANE SWIM <i>Reservation Required</i>	6 – 7 AM MASTERS SWIM <i>Reservation Required</i>	5:45 – 10 AM LANE SWIM <i>Reservation Required</i>	7:15 – 8:15 AM MASTERS SWIM <i>Reservation Required</i>	7:15 – 8:15 AM MASTERS SWIM <i>Reservation Required</i>
7 – 8 AM STINGRAYS	7 – 8 AM STINGRAYS	7 – 8 AM STINGRAYS	7 – 8 AM STINGRAYS	10 – 11 AM AQUA DANCE Kay Jay	8:15 AM – 5:30 PM LANE SWIM <i>Up to 4 lanes available</i>	8:15 AM – 2:30 PM LANE SWIM <i>Up to 4 lanes available</i>
8 AM – 1 PM LANE SWIM <i>Reservations Required</i>	8 AM – 1 PM LANE SWIM <i>Reservation Required</i>	8 AM – 1 PM LANE SWIM <i>Reservation Required</i>	8 AM – 1 PM LANE SWIM <i>Reservation Required</i>	11 AM – 1 PM LANE SWIM <i>Reservation Required</i>		2:30 – 5:30 PM SWIM LESSONS <i>Up to 3 lanes available</i>
1 – 4:45 PM LANE SWIM <i>Up to 4 lanes available</i>	1 – 4:45 PM LANE SWIM <i>Up to 4 lanes available</i>	1 – 4:45 PM LANE SWIM <i>Up to 4 lanes available</i>	1 – 4:45 PM LANE SWIM <i>Up to 4 lanes available</i>	1 – 5:30 PM LANE SWIM <i>Up to 4 lanes available</i>		
4:45 – 5:45 PM STINGRAYS	4:45 – 5:45 PM STINGRAYS	4:45 – 5:45 PM STINGRAYS	4:45 – 5:45 PM STINGRAYS			
5:45 – 6:30 PM LANE SWIM <i>Up to 4 lanes available</i>	5:45 – 7:30 PM SWIM LESSONS <i>Up to 3 lanes available</i>	5:45 – 6:30 PM SWIM LESSONS <i>Up to 3 lanes available</i>	5:45 – 7 PM SWIM LESSONS <i>Up to 3 lanes available</i>			
6:30 – 7:30 PM MASTERS SWIM <i>Reservation Required</i>	7:30 – 9:30 PM LANE SWIM <i>Up to 4 lanes available</i>	6:30 – 7:30 PM MASTERS SWIM <i>Reservation Required</i>	7 – 8 PM WATER AEROBICS Christina			
7:30 – 9:30 PM LANE SWIM <i>Up to 4 lanes available</i>		7:30 – 9:30 PM LANE SWIM <i>Up to 4 lanes available</i>	7 – 9:30 PM LANE SWIM <i>Up to 4 lanes available</i>			

