

Aquatics

REC POOL

Minnesota JCC
Capp Center St. Paul



Fall

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|--|---------------------------------------|---------------------------------------|---------------------------------------|-------------------------------------|--|-----------------------------------|---------------------------------------|
| | 5:45 AM – 3:15 PM OPEN SWIM | 5:45 – 10 AM OPEN SWIM | 5:45 AM – 3:15 PM OPEN SWIM | 5:45 – 10 AM OPEN SWIM | 5:45 AM – 4 PM OPEN SWIM | 7:15 – 9 AM OPEN SWIM | 7:15 – 11 AM OPEN SWIM |
| | 3:15 – 4:15 PM ECC LESSONS | 10 – 11 AM ECC FREE SWIM | 3:15 – 4:15 PM ECC LESSONS | 10 – 11 AM ECC FREE SWIM | 4 – 5 PM CLUB J | 9 – 11 AM SWIM LESSONS | 11 AM – 2:30 PM FAMILY SWIM |
| | 4:15 – 6 PM OPEN SWIM | 11 AM – 4:30 PM OPEN SWIM | 4:30 – 7:30 PM SWIM LESSONS | 11 AM – 4:30 PM OPEN SWIM | 5 – 5:30 PM OPEN SWIM | 11 AM – NOON OPEN SWIM | 2:30 – 5 PM SWIM LESSONS |
| | 6 – 8 PM FAMILY SWIM | 4:30 – 7:30 PM SWIM LESSONS | 7:30 – 9:30 PM OPEN SWIM | 4:30 – 7 PM SWIM LESSONS | | NOON – 3 PM FAMILY SWIM | 5 – 5:30 PM OPEN SWIM |
| | 8 – 9:30 PM OPEN SWIM | 7:30 – 9:30 PM OPEN SWIM | | 7 – 9:30 PM OPEN SWIM | | 3 – 5:30 PM OPEN SWIM | |
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| | | | | | <p>POOL HOURS Monday – Thursday • 5:40 AM – 9:30 PM Friday • 5:40 AM – 5:30 PM Saturday & Sunday • 7:15 AM – 5:30 PM</p> <p>Questions? Contact Jill Burchill at 651.255.4762 or jillb@minnesotajcc.org</p> <p>THE POOL WILL BE CLOSED ON SEPTEMBER 11 FROM NOON – 2:20 PM FOR LIFEGUARD CLASS</p> | | |
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Fall

Aquatics

LAP POOL

Minnesota JCC
Capp Center St. Paul

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|--|--|---|---|---|---|
| 5:40 – 1 PM LANE SWIM <i>Reservation Required</i> | 5:40 – 6:30 AM LANE SWIM <i>Reservation Required</i> | 5:40 – 1 PM LANE SWIM <i>Reservation Required</i> | 5:40 – 6:30 AM LANE SWIM <i>Reservation Required</i> | 5:40 – 10 AM LANE SWIM <i>Reservation Required</i> | 7:15 – 8:15 AM MASTERS SWIM <i>Reservation Required</i> | 7:15 – 8:15 AM MASTERS SWIM <i>Reservation Required</i> |
| 1 – 5 PM LANE SWIM <i>Up to 4 lanes available</i> | 6:30 – 7:30 AM MASTERS SWIM | 1 – 5 PM LANE SWIM <i>Up to 4 lanes available</i> | 6:30 – 7:30 AM MASTERS SWIM | 10 – 11 AM AQUA DANCE Susan | 8:15 AM – 5:30 PM LANE SWIM <i>Up to 4 lanes available</i> | 8:15 – 10 AM LANE SWIM <i>Up to 4 lanes available</i> |
| 5 – 5:45 PM AQUA ZUMBA® James <i>1 lane available</i> | 7:30 AM – 1 PM LANE SWIM <i>Reservation Required</i> | 5 – 6:30 PM SWIM LESSONS <i>Up to 3 lanes available</i> | 7:30 AM – 1 PM LANE SWIM <i>Reservation Required</i> | 11 AM – 1 PM LANE SWIM <i>Reservation Required</i> | | 10 – 11 AM AQUA DANCE Kay Jay <i>1 lane available</i> |
| 5:45 – 6:30 PM LANE SWIM <i>Up to 4 lanes available</i> | 1 – 5 PM LANE SWIM <i>Up to 4 lanes available</i> | 6:30 – 7:30 PM MASTERS SWIM <i>Reservation Required</i> | 1 – 5 PM LANE SWIM <i>Up to 4 lanes available</i> | 1 – 5:30 PM LANE SWIM <i>Up to 4 lanes available</i> | | 11 AM – 2:30 PM LANE SWIM <i>Up to 4 lanes available</i> |
| 6:30 – 7:30 PM MASTERS SWIM <i>Reservation Required</i> | 5 – 7:30 PM SWIM LESSONS <i>Up to 2 lanes available</i> | 7:30 – 9:30 PM LANE SWIM <i>Up to 4 lanes available</i> | 5 – 7 PM SWIM LESSONS <i>Up to 2 lanes available</i> | | | 2:30 – 5 PM SWIM LESSONS <i>Up to 2 lanes available</i> |
| 7:30 – 9:30 PM LANE SWIM <i>Up to 4 lanes available</i> | 7:30 – 9:30 PM LANE SWIM <i>Up to 4 lanes available</i> | | 7 – 8 PM WATER AEROBICS Christina | | | 5 – 5:30 PM LANE SWIM <i>Up to 4 lanes available</i> |
| | | | 7 – 9:30 PM LANE SWIM <i>Up to 2 lanes available</i> | | | |
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