

Aquatics

REC POOL

Minnesota JCC
Capp Center St. Paul



Fall

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	5:45 AM – 3:15 PM OPEN SWIM	5:45 – 10 AM OPEN SWIM	5:45 AM – 3:15 PM OPEN SWIM	5:45 – 10 AM OPEN SWIM	5:45 AM – 4 PM OPEN SWIM	7:15 – 9 AM OPEN SWIM	7:15 – 11 AM OPEN SWIM
	3:15 – 4:15 PM ECC LESSONS	10 – 11 AM ECC FREE SWIM	3:15 – 4:15 PM ECC LESSONS	10 – 11 AM ECC FREE SWIM	4 – 5 PM CLUB J	9 – 11 AM SWIM LESSONS	11 AM – 2:30 PM FAMILY SWIM
	4:15 – 6 PM OPEN SWIM	11 AM – 4:30 PM OPEN SWIM	4:30 – 7:30 PM SWIM LESSONS	11 AM – 4:30 PM OPEN SWIM	5 – 5:30 PM OPEN SWIM	11 AM – NOON OPEN SWIM	2:30 – 5 PM SWIM LESSONS
	6 – 8 PM FAMILY SWIM	4:30 – 7:30 PM SWIM LESSONS	7:30 – 9:30 PM OPEN SWIM	4:30 – 7 PM SWIM LESSONS		NOON – 3 PM FAMILY SWIM	5 – 5:30 PM OPEN SWIM
	8 – 9:30 PM OPEN SWIM	7:30 – 9:30 PM OPEN SWIM		7 – 9:30 PM OPEN SWIM		3 – 5:30 PM OPEN SWIM	
					<p>POOL HOURS Monday – Thursday • 5:40 AM – 9:30 PM Friday • 5:40 AM – 5:30 PM Saturday & Sunday • 7:15 AM – 5:30 PM</p> <p>Questions? Contact Jill Burchill at 651.255.4762 or jillb@minnesotajcc.org</p>		

Fall

Aquatics

LAP POOL

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Capp Center St. Paul



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:40 – 1 PM LANE SWIM <i>Reservation Required</i>	5:40 – 6:30 AM LANE SWIM <i>Reservation Required</i>	5:40 – 1 PM LANE SWIM <i>Reservation Required</i>	5:40 – 6:30 AM LANE SWIM <i>Reservation Required</i>	5:40 – 10 AM LANE SWIM <i>Reservation Required</i>	7:15 – 8:15 AM MASTERS SWIM <i>Reservation Required</i>	7:15 – 8:15 AM MASTERS SWIM <i>Reservation Required</i>
1 – 4:45 PM LANE SWIM <i>Up to 4 lanes available</i>	6:30 – 7:30 AM MASTERS SWIM	1 – 5:30 PM LANE SWIM <i>Up to 4 lanes available</i>	6:30 – 7:30 AM MASTERS SWIM	10 – 11 AM AQUA DANCE Susan	8:15 AM – 5:30 PM LANE SWIM <i>Up to 4 lanes available</i>	8:15 – 10 AM LANE SWIM <i>Up to 4 lanes available</i>
4:45 – 5:30 PM AQUA ZUMBA <i>1 lane available</i>	7:30 AM – 1 PM LANE SWIM <i>Reservation Required</i>	5:30 – 6:30 PM LANE SWIM <i>Up to 4 lanes available</i>	7:30 AM – 1 PM LANE SWIM <i>Reservation Required</i>	11 AM – 1 PM LANE SWIM <i>Reservation Required</i>		10 – 11 AM AQUA DANCE Kay Jay <i>1 lane available</i>
5:30 – 6:30 PM LANE SWIM <i>Up to 4 lanes available</i>	1 – 5 PM LANE SWIM <i>Up to 4 lanes available</i>	6:30 – 7:30 PM MASTERS SWIM <i>Reservation Required</i>	1 – 5 PM LANE SWIM <i>Up to 4 lanes available</i>	1 – 5:30 PM LANE SWIM <i>Up to 4 lanes available</i>		11 AM – 2:30 PM LANE SWIM <i>Up to 4 lanes available</i>
6:30 – 7:30 PM MASTERS SWIM <i>Reservation Required</i>	5 – 7:30 PM SWIM LESSONS <i>Up to 2 lanes available</i>	7:30 – 9:30 PM LANE SWIM <i>Up to 4 lanes available</i>	5 – 7 PM SWIM LESSONS <i>Up to 2 lanes available</i>			2:30 – 5 PM SWIM LESSONS <i>Up to 2 lanes available</i>
7:30 – 9:30 PM LANE SWIM <i>Up to 4 lanes available</i>	7:30 – 9:30 PM LANE SWIM <i>Up to 4 lanes available</i>		7 – 8 PM WATER AEROBICS Christina			5 – 5:30 PM LANE SWIM <i>Up to 4 lanes available</i>
			7 – 9:30 PM LANE SWIM <i>Up to 2 lanes available</i>			